

NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science Degree in Nutrition and Dietetics for Transfer (Nutrition and Dietetics AS-T) is intended for students who plan to complete a bachelor's degree in Nutrition and Dietetics or a similar major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

To earn a Nutrition AS-T degree, students must complete:

1. Certified completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC-CSU) or the California State University General Education-Breadth Requirements.
 - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0 on transfer courses.
3. Obtainment of a "C" grade or better, or "P" in all courses required for the major or area of emphasis. Although a "P" grade is allowed (Title 5, Section 55063), it is recommended that students take the course for a letter grade (A, B, or C) due to unit limitations on "P/NP" courses.
4. Complete a minimum of 12 units in residency at the college granting the degree.

| Course ID | Title | Units/ Hours |
|---|--------------------------------|-----------------|
| Required Core | | |
| CHEM V01A | General Chemistry I | 3 |
| CHEM V01AL | General Chemistry I Laboratory | 2 |
| HED V87 | Nutrition | 3 |
| MICR V01 | General Microbiology | 4 |
| PSY V01 | Introduction to Psychology | 3 |
| Units from List A | | 8-10 |
| Units from List B | | 3-4 |
| Additional Units/Requirements | | |
| Completion of CSU-GE Breadth or IGETC pattern | | 37-39 |
| Electives (CSU transferrable units to reach 60) | | 4-11 |
| Double-counted units | | 10-16 |
| Total Units | | 67-79 |

| Course ID | Title | Units/ Hours |
|----------------------|--|-----------------|
| List A | | |
| CHEM V01B & V01BL | General Chemistry II and General Chemistry II Laboratory | 5 |
| CHEM V12A & V12AL | General Organic Chemistry I and General Organic Chemistry I Laboratory | 5 |
| ANAT V01 | Human Anatomy | 4 |

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|-------------|--|---|
| or PHSO V01 | Human Physiology | |
| PSY V04 | Introductory Statistics for the Social and Behavioral Sciences | 4 |
| or MATH V44 | Elementary Statistics | |

| Course ID | Title | Units/ Hours |
|--------------------|---|-----------------|
| List B | | |
| HED V32 | Principles of Food with Lab | 3 |
| BIOL V01 & V01L | Principles of Biology and Principles of Biology Laboratory | 4 |

See a counselor or consult assist.org (<http://assist.org>), especially if you plan to transfer to a UC campus or a college or university other than CSU.

Upon successful completion of this program, students will be able to:

- Critically analyze information and contemporary issues in the field of nutrition science/dietetics.
- Assess how diet and nutrition can enhance overall wellness and reduce the risk of common lifestyle diseases.
- Identify career opportunities in the field of Nutrition/Dietetics and state the education required for each career.
- Describe food safety principles related to food, personnel and consumers.