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INTERCOLLEGIATE ATHLETICS: 2-YEAR CERTIFICATE OF ACHIEVEMENT

The 2-Year Certificate of Achievement in Intercollegiate Athletics is designed for students who wish to participate in intercollegiate athletics at Ventura College and work toward completing lower division general education over a 2-year timeframe. It provides student athletes the opportunity to develop skills related to leadership, teamwork, collaboration, and personal responsibility within a team environment. Students who complete this certificate will have demonstrated excellence in lower division general education coursework and in intercollegiate athletic courses.

Participants will gain skills and dispositions that can be applied globally. These may include skills that support leadership, teamwork, collaboration, and personal responsibility.

Units/

Hours

HED V24

HIST V46

HIST V50

HIST V51

Courses must be completed with a grade of C or better.

Title

Course ID

Required Core Cours	es	
Select 11 units from	the following, including 8 units of	
intercollegiate athlet	ics (ICA V02 - V25 or V36), and 3 units of	
team conditioning. M	lust be completed with a grade of C or better.	
List A: Select 8 un	its from the following:	
ICA V02	Intercollegiate Baseball	4
ICA V03	Intercollegiate Basketball: Men	4
ICA V04	Intercollegiate Basketball: Women	4
ICA V05	Intercollegiate Cross-Country: Men	4
ICA V06	Intercollegiate Cross-Country: Women	4
ICA V07	Intercollegiate Football	4
ICA V08	Intercollegiate Golf	4
ICA V09	Intercollegiate Flag Football: Women	4
ICA V13	Intercollegiate Soccer. Women	4
ICA V14	Intercollegiate Softball: Women	4
ICA V15	Intercollegiate Swimming and Diving: Men	4
ICA V16	Intercollegiate Swimming and Diving: Women	4
ICA V17	Intercollegiate Tennis: Men	4
ICA V18	Intercollegiate Tennis: Women	4
ICA V19	Intercollegiate Track and Field: Men	4
ICA V20	Intercollegiate Track and Field: Women	4
ICA V22	Intercollegiate Volleyball: Women	4
ICA V23	Intercollegiate Water Polo: Men	4
ICA V24	Intercollegiate Water Polo: Women	4
ICA V25	Intercollegiate Beach Volleyball: Women	4
ICA V36	Spring Intercollegiate Basketball	3.5
List B: Select 3 un	its from the following:	
ICA V30A	Off-season Conditioning for Athletes I	.5
ICA V30B	Off-season Conditioning for Athletes II	1

ICA V31B	Pre-season Conditioning for Athletes II	1
KIN V10	Aerobic and Strength Training	1
KIN V18	Cardiovascular Fitness: Machine Training	1
KIN V19	Indoor Cross Fitness Training	1
KIN V26	Weight Training and Conditioning: Free	1
	Weights	
Required Core Units		11
Required Additional (Courses	
Select 18 units from completed with a gra	the following restricted electives. Must be de of C or better.	
List C: Select 18 u	nits from the following:	
ANTH V02	Cultural Anthropology	3
ANTH V03	Introduction to Archaeology	3
ANTH V05	Linguistic Anthropology: Culture and Communication	3
ANTH V06	Sex, Gender, and Culture	3
ART V01	Art Appreciation	3
ART V07	Introduction to Women in the Arts	3
AST V01	Elementary Astronomy	3
AST V01L	Elementary Astronomy Laboratory	1
BIOL V01	Principles of Biology	3
BIOL V01L	Principles of Biology Laboratory	1
BIOL V04	Cell and Molecular Biology	4
BIOL V12	Human Biology	3
BUS V30	Introduction to Business	3
BUS V49	Introduction to Social Media Marketing	3
CHST V01	Introduction to Chicano Studies	3
CHEM V120A	General Chemistry I	5
CHEM V120B	General Chemistry II	5
COMM C1000	Introduction to Public Speaking	3
COMM V02	Introduction to Communication Studies	3
COMM V03	Group Communication	3
ECON V01A	Principles of Macroeconomics	3
ECON V01B	Principles of Microeconomics	3
ENGL C1000	Academic Reading and Writing	4
ENGL V01B	Critical Thinking and Composition Through Literature	4
ENGL C1001	Critical Thinking and Writing	3
ETHS V01	Introduction to Ethnic Studies	3
GEOG V01	Elements of Physical Geography	3
GEOG V01L	Elements of Physical Geography Laboratory	1
HED V01	Health and Wellness	3
HED V02	Health and Wellness: Designed for Women	3
HED V03	Fundamentals of Nutrition and Fitness	3
HED V04	Health and Wellness: Designed for Men	3
HED V22	Health and Social Justice	3

Drugs, Health, and Society

Americans

United States History to 1877

United States History: Focus on Asian

United States History: Focus on African

Americans Since Reconstruction

HIST V56 United States History since 1865 3 HIST V58 United States History: Focus on Chicanos since 1848 KIN V80 First Aid, Safety, AED, and CPR for the Professional KIN V81 Fundamentals of Kinesiology 3 KIN V82 Psychology of Fitness and Sport Performance KIN V83 Theory of Coaching 3 KIN V84 Introduction to Athletic Training 3 KIN V87 Sport in Society 3 KIN V88 Introduction to Sports Management 3 KIN V89 Women in Sport 3 MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 4 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V07 Introduction to Political Science 3 POLS V08 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V11 Movement for the Theatre 2 THA V11 Movement for the Theatre 1 THA V11 Movement for the Theatre 1 THA V11 Musical Theatre History: 1960s to Present 1 Day Required Additional Units 18 Total Units for the Certificate 29			
Since 1848 KIN V80 First Aid, Safety, AED, and CPR for the Professional KIN V81 Fundamentals of Kinesiology 3 KIN V82 Psychology of Fitness and Sport Performance KIN V83 Theory of Coaching 3 KIN V84 Introduction to Athletic Training 3 KIN V87 Sport in Society 3 KIN V88 Introduction to Sports Management 3 KIN V89 Women in Sport 3 MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V01 Introduction to Political Science 3 POLS V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V11 Movement for the Theatre 3 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	HIST V56	United States History since 1865	3
KIN V81 Fundamentals of Kinesiology 3 KIN V82 Psychology of Fitness and Sport Performance KIN V83 Theory of Coaching 3 KIN V84 Introduction to Athletic Training 3 KIN V87 Sport in Society 3 KIN V88 Introduction to Sports Management 3 KIN V89 Women in Sport 3 MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V01 Introduction to Political Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V05 Introduction to Psychology 3 SOC V01 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	HIST V58	-	3
KIN V82 Psychology of Fitness and Sport Performance KIN V83 Theory of Coaching KIN V84 Introduction to Athletic Training KIN V87 Sport in Society KIN V88 Introduction to Sports Management KIN V89 Women in Sport MATH V04 College Algebra MATH V05 Plane Trigonometry MATH V20 Precalculus Mathematics MUS V01 Fundamentals of Music PHIL V01 Introduction to Philosophy PHIL V02 Introduction to Ethics PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography PHSC V01 Concepts in Physical Science PHYS V01 Elementary Physics PHSO V01 Human Physiology POLS C1000 American Government and Politics POLS V02 Comparative Government POLS V03 Introduction to Political Science PSYC C1000 Introduction to Psychology SOC V01 Introduction to Psychology SOC V01 Introduction to Sociology SOC V01 Introduction to Statistics THA V01 Introduction to Theatre THA V01 Introduction to Theatre THA V01 Introduction to Theatre THA V14 Movement for the Theatre THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units T8	KIN V80		3
RIN V83 Theory of Coaching 3 KIN V84 Introduction to Athletic Training 3 KIN V87 Sport in Society 3 KIN V88 Introduction to Sports Management 3 KIN V89 Women in Sport 3 MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to Political Science 3 POLS V05 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	KIN V81	Fundamentals of Kinesiology	3
KIN V84 Introduction to Athletic Training KIN V87 Sport in Society KIN V88 Introduction to Sports Management KIN V89 Women in Sport MATH V04 College Algebra MATH V05 Plane Trigonometry MATH V20 Precalculus Mathematics MUS V01 Fundamentals of Music PHIL V01 Introduction to Philosophy PHIL V02 Introduction to Ethics PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography PHSC V01 Concepts in Physical Science PHYS V01 Elementary Physics PHSO V01 Human Physiology POLS C1000 American Government and Politics POLS V02 Comparative Government POLS V03 Introduction to Political Science PSYC C1000 Introduction to Political Science PSYC C1000 Introduction to International Relations PSYC C1000 Introduction to Psychology SOC V01 Introduction to Sociology SOC V01 Introduction to Sociology SOC V03 Racial and Ethnic Group Relations STAT C1000 Introduction to Theatre THA V14 Movement for the Theatre THA V14 Movement for the Theatre THA V14 Movement for the Theatre THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units T8	KIN V82		3
KIN V87 Sport in Society KIN V88 Introduction to Sports Management XIN V89 Women in Sport MATH V04 College Algebra MATH V05 Plane Trigonometry MATH V20 Precalculus Mathematics MUS V01 Fundamentals of Music PHIL V01 Introduction to Philosophy PHIL V02 Introduction to Ethics PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography PHSC V01 Concepts in Physical Science PHYS V01 Elementary Physics PHSO V01 Human Physiology POLS C1000 American Government and Politics POLS V02 Comparative Government POLS V03 Introduction to Political Science POLS V05 Introduction to Political Science POLS V05 Introduction to Political Science POLS V06 Introduction to Political Science POLS V07 Racial and Ethnic Group Relations STAT C1000 Introduction to Saciology SOC V01 Introduction to Statistics THA V01 Introduction to Theatre THA V14 Movement for the Theatre THA V14 Movement for the Theatre THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units T8	KIN V83	Theory of Coaching	3
KIN V88 Introduction to Sports Management KIN V89 Women in Sport MATH V04 College Algebra MATH V05 Plane Trigonometry MATH V20 Precalculus Mathematics MUS V01 Fundamentals of Music PHIL V01 Introduction to Philosophy PHIL V02 Introduction to Ethics PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography PHSC V01 Concepts in Physical Science PHYS V01 Elementary Physics PHSO V01 Human Physiology POLS C1000 American Government and Politics POLS V02 Comparative Government POLS V03 Introduction to Political Science POLS V05 Introduction to Political Science POLS V06 Introduction to Political Science POLS V07 Introduction to Political Science POLS V08 Introduction to Posychology SOC V01 Introduction to Psychology SOC V01 Introduction to Sociology SOC V03 Racial and Ethnic Group Relations STAT C1000 Introduction to Statistics HA V11 Movement for the Theatre THA V14 Movement for the Theatre THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units T8	KIN V84	Introduction to Athletic Training	3
KIN V89 Women in Sport 3 MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	KIN V87	Sport in Society	3
MATH V04 College Algebra 4 MATH V05 Plane Trigonometry 3 MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V14 Movement for the Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	KIN V88	Introduction to Sports Management	3
MATH V05 Plane Trigonometry MATH V20 Precalculus Mathematics MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 7 POLS V03 Introduction to Political Science 8 POLS V05 Introduction to International Relations 9 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Theatre 1 HA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	KIN V89	Women in Sport	3
MATH V20 Precalculus Mathematics 5 MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	MATH V04	College Algebra	4
MUS V01 Fundamentals of Music 3 PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	MATH V05	Plane Trigonometry	3
PHIL V01 Introduction to Philosophy 3 PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	MATH V20	Precalculus Mathematics	5
PHIL V02 Introduction to Ethics 3 PHIL V05 Critical Thinking and Analytical Writing 3 PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	MUS V01	Fundamentals of Music	3
PHIL V05 Critical Thinking and Analytical Writing PHOT V01 Beginning Photography 3 PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHIL V01	Introduction to Philosophy	3
PHOT V01 Beginning Photography PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 9 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHIL V02	Introduction to Ethics	3
PHSC V01 Concepts in Physical Science 4 PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHIL V05	Critical Thinking and Analytical Writing	3
PHYS V01 Elementary Physics 5 PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHOT V01	Beginning Photography	3
PHSO V01 Human Physiology 4 POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHSC V01	Concepts in Physical Science	4
POLS C1000 American Government and Politics 3 POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHYS V01	Elementary Physics	5
POLS V02 Comparative Government 3 POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PHSO V01	Human Physiology	4
POLS V03 Introduction to Political Science 3 POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	POLS C1000	American Government and Politics	3
POLS V05 Introduction to International Relations 3 PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	POLS V02	Comparative Government	3
PSYC C1000 Introduction to Psychology 3 SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	POLS V03	Introduction to Political Science	3
SOC V01 Introduction to Sociology 3 SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	POLS V05	Introduction to International Relations	3
SOC V03 Racial and Ethnic Group Relations 3 STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	PSYC C1000	Introduction to Psychology	3
STAT C1000 Introduction to Statistics 4 THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	SOC V01	Introduction to Sociology	3
THA V01 Introduction to Theatre 3 THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	SOC V03	Racial and Ethnic Group Relations	3
THA V14 Movement for the Theatre 2 THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	STAT C1000	Introduction to Statistics	4
THA V17A Musical Theatre History: Ancient Greece to the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present Day Required Additional Units 18	THA V01	Introduction to Theatre	3
the Golden Age of Musicals THA V17B Musical Theatre History: 1960s to Present 3 Day Required Additional Units 18	THA V14	Movement for the Theatre	2
Day Required Additional Units 18	THA V17A	•	3
	THA V17B		3
Total Units for the Certificate 29	Required Additional	Units	18
Total Units for the Certificate 29			
	Total Units for the C	ertificate	29

**NOTE:

There are 2 Plans of Study based on when the student athlete would be In-Season (competing), Fall or Spring.

Year 1 Fall Semester		Units/Hours
Plan of Study for Fall In-Se	agen Student Athlete	Ollita/Floura
ICA V03		4
or ICA V04	Intercollegiate Basketball: Men or Intercollegiate Basketball: Women	4
or ICA V04	or Intercollegiate Cross-Country: Women	
or ICA V07	or Intercollegiate Football	
or ICA V13	or Intercollegiate Soccer. Women	
or ICA V22	or Intercollegiate Volleyball: Women	
or ICA V23	or Intercollegiate Water Polo: Men	
or ICA V24	or Intercollegiate Water Polo: Women	
KIN V10	Aerobic and Strength Training	1
or KIN V18	or Cardiovascular Fitness: Machine Training	•
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	
1 class from Restricted Ele		3
	Units/Hours	8
Spring Semester		
ICA V30B	Off-season Conditioning for Athletes II	1
or ICA V31B	or Pre-season Conditioning for Athletes II	
or KIN V10	or Aerobic and Strength Training	
or KIN V18	or Cardiovascular Fitness: Machine Training	
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	
2 classes from Restricted I	Elective Course List - 3-6 units (Spring)	6
	Units/Hours	7
Year 2		•
Fall Semester		
	Indone all anista De aleath all Man	
ICA V03 or ICA V04	Intercollegiate Basketball: Men	4
or ICA V04	or Intercollegiate Basketball: Women or Intercollegiate Cross-Country: Women	
or ICA V07	or Intercollegiate Gross-Country, Women	
or ICA V13	or Intercollegiate Soccer. Women	
or ICA V22	or Intercollegiate Volleyball: Women	
or ICA V23	or Intercollegiate Water Polo: Men	
or ICA V24	or Intercollegiate Water Polo: Women	
KIN V10	Aerobic and Strength Training	1
or KIN V18	or Cardiovascular Fitness: Machine Training	
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	
1 class from Restricted Ele	ective Course List - 3-6 units	3
	Units/Hours	8
Spring Semester		
ICA V30B	Off-season Conditioning for Athletes II	1
or ICA V31B	or Pre-season Conditioning for Athletes II	
or KIN V10	or Aerobic and Strength Training	
or KIN V18	or Cardiovascular Fitness: Machine Training	
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	
2 classes from Restricted I	Elective Course List - 3-6 units	6
	Units/Hours	7
	Total Units/Hours	30

Year 1		
Fall Semester		Units/Hours
Spring Student Plan of S	tudy for Spring In-Season Student Athlete	
ICA V30B	Off-season Conditioning for Athletes II	1
or ICA V31B	or Pre-season Conditioning for Athletes II	
or KIN V10	or Aerobic and Strength Training	
or KIN V18	or Cardiovascular Fitness: Machine Training	
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	

2 classes from Restricted Elective Course List

Units/Hours 7

Spring Semester		
ICA V02	Intercollegiate Baseball	4
or ICA V08	or Intercollegiate Golf	
or ICA V09	or Intercollegiate Flag Football: Women	
or ICA V14	or Intercollegiate Softball: Women	
or ICA V15	or Intercollegiate Swimming and Diving: Men	
or ICA V16	or Intercollegiate Swimming and Diving: Women	
or ICA V17	or Intercollegiate Tennis: Men	
or ICA V18	or Intercollegiate Tennis: Women	
or ICA V19	or Intercollegiate Track and Field: Men	
or ICA V20	or Intercollegiate Track and Field: Women	
or ICA V25	or Intercollegiate Beach Volleyball: Women	
1 class from Restricted El	ective Course List	3
	Units/Hours	7
Year 2		
Fall Semester		
ICA V30B	Off-season Conditioning for Athletes II	1
or ICA V31B	or Pre-season Conditioning for Athletes II	
or KIN V10	or Aerobic and Strength Training	
or KIN V18	or Cardiovascular Fitness: Machine Training	
or KIN V19	or Indoor Cross Fitness Training	
or KIN V26	or Weight Training and Conditioning: Free Weights	
2 classes from Restricted	Elective Course List	6
	Units/Hours	7
Spring Semester		
ICA V02	Intercollegiate Baseball	4
or ICA V08	or Intercollegiate Golf	
or ICA V09	or Intercollegiate Flag Football: Women	
or ICA V14	or Intercollegiate Softball: Women	
or ICA V15	or Intercollegiate Swimming and Diving: Men	
or ICA V16	or Intercollegiate Swimming and Diving: Women	
or ICA V17	or Intercollegiate Tennis: Men	
or ICA V18	or Intercollegiate Tennis: Women	
or ICA V19	or Intercollegiate Track and Field: Men	
or ICA V20	or Intercollegiate Track and Field: Women	
or ICA V25	or Intercollegiate Beach Volleyball: Women	
1 class from Restricted El	ective Course List	3
	Units/Hours	7
	Total Units/Hours	28

Upon successful completion of this program, students will be able to:

- Demonstrate critical thinking skills when applying to game strategies and situations.
- Utilize critical thinking skills to apply knowledge in sports situations.