

VENTURA COLLEGE GENERAL EDUCATION REQUIREMENTS

Applies to Associate Degrees in General Studies Pattern I and all Associate Degrees in Specific Majors

All Students pursuing the Associate Degree (AA) in General Studies Pattern I must complete this General Education plan in its entirety (areas A–F) as part of their degree requirements. Students completing an Associate Degree (AA/AS) in a specific major (<http://catalog.vcccd.edu/ventura/graduation-requirements/associate-degrees-specific-majors/>) (for example, Automotive Technology or Child Development) must complete areas A–E below (but not F) of this General Education plan. Area F is only required for General Studies majors. A minimum of 60 degree-applicable units is required for the Associate Degree. This pattern does **not** apply for Associate Degrees for Transfer, UC Transfer Pathways Degrees, or Associate Degrees in General Studies Patterns II and III.

VC GE 2024-2025

Area A: Natural Sciences

Complete a minimum of **6 semester units** with **one** course from Area A1 - Biological Science & **one** course from Area A2 - Physical Science

A1: Biological Science

Course ID	Title	Units/ Hours
AG V04	Introduction to Soil Science	3
AG V06	Introduction to Plant Science (with Laboratory)	3
AG V22	Introduction to Plant Pathology: Insects and Diseases of Plants	3
AG V30	Plant Propagation and Production	3
AG V42	Plant Identification and Culture: Spring Specimens	3
AG V43	Plant Identification and Culture: Fall Specimens	3
AG V61	Introduction to Animal Science	3
AG V66	Anatomy and Physiology of Animals	4
ANPH V01	Introduction to Human Anatomy and Physiology	5
ANTH V01	Biological Anthropology	3
ANTH V01L	Biological Anthropology Laboratory	1
ANTH V35	Introduction to Forensic Science	3
ANTH V35L	Introduction to Forensic Science Laboratory	1
BIOL V01	Principles of Biology	3
BIOL V01L	Principles of Biology Laboratory	1
BIOL V03	Evolution, Ecology, and Organismal Biology	4
BIOL V04	Cell and Molecular Biology	4
BIOL V10	Introduction to Environmental Issues	3
BIOL V12	Human Biology	3
BIOL V14	Field Biology: A Natural History of California	4

BIOL V18	Human Heredity	3
BIOL V29	Marine Biology	3
BIOL V29L	Marine Biology Laboratory	1
CJ V35	Introduction to Forensic Science	3
CJ V35L	Introduction to Forensic Science Laboratory	1
ESRM V01	Introduction to Environmental Issues	3
ESRM V10	Environmental Ecology	3
ESRM V14	Conservation of Natural Resources	3
MICR V01	General Microbiology	4
PHSO V01	Human Physiology	4
PSY V03	Introduction to Biological Psychology	3

A2: Physical Science

Course ID	Title	Units/ Hours
AG V04	Introduction to Soil Science	3
AST V01	Elementary Astronomy	3
AST V01L	Elementary Astronomy Laboratory	1
CHEM V01A	General Chemistry I	3
CHEM V01AL	General Chemistry I Laboratory	2
CHEM V01B	General Chemistry II	3
CHEM V01BL	General Chemistry II Laboratory	2
CHEM V12A	General Organic Chemistry I	3
CHEM V12AL	General Organic Chemistry I Laboratory	2
CHEM V12B	General Organic Chemistry II	3
CHEM V12BL	General Organic Chemistry II Laboratory	2
CHEM V20	Elementary Chemistry	4
CHEM V20L	Elementary Chemistry Laboratory	1
CHEM V21	Introduction to Organic and Biochemistry	3
CHEM V21L	Introduction to Organic and Biochemistry Laboratory	2
CHEM V30	Chemistry for Health Sciences	4
CHEM V30L	Chemistry for Health Sciences Laboratory	1
ESRM V02	Introduction to Environmental Science	3
GEOG V01	Elements of Physical Geography	3
GEOG V01L	Elements of Physical Geography Laboratory	1
GEOG V05	Introduction to Weather and Climate	3
GEOL V02	Physical Geology	3
GEOL V02L	Physical Geology Laboratory	1
GEOL V03	Historical Geology	3
GEOL V03L	Historical Geology Laboratory	1
GEOL V07	Geology of National Parks	3
GEOL V09	Earth Science with Laboratory	4
GEOL V11	Introduction to Oceanography	3
GEOL V21	Natural Disasters	3
PHSC V01	Concepts in Physical Science	4
PHYS V01	Elementary Physics	5
PHYS V02A	General Physics I: Algebra/Trigonometry-Based	4

PHYS V02AL	General Physics I Laboratory: Algebra/Trigonometry-Based	1
PHYS V02B	General Physics II: Algebra/Trigonometry-Based	4
PHYS V02BL	General Physics II Laboratory: Algebra/Trigonometry-Based	1
PHYS V03A	General Physics I: Calculus-Based	4
PHYS V03AL	General Physics I Laboratory: Calculus-Based	1
PHYS V03B	General Physics II: Calculus-Based	4
PHYS V03BL	General Physics II Laboratory: Calculus-Based	1
PHYS V04	Mechanics for Scientists and Engineers	4
PHYS V04L	Mechanics Laboratory for Scientists and Engineers	1
PHYS V05	Electricity and Magnetism for Scientists and Engineers	4
PHYS V05L	Electricity and Magnetism Laboratory for Scientists and Engineers	1
PHYS V06	Optics, Heat, and Modern Physics: For Scientists and Engineers	4
PHYS V06L	Optics, Heat, and Modern Physics Laboratory for Scientists and Engineers	1

Area B: Social and Behavioral Sciences

Complete a minimum of **6 semester units** with **one** course from Area B1 - American History/Institutions and **one** course from Area B2 - Social & Behavioral Sciences

B1: American History/Institutions

Course ID	Title	Units/Hours
AES V02A	United States History: Focus on Native Americans to Reconstruction	3
AES V02B	United States History: Focus on Native Americans Since the Civil War	3
AES V22	United States History: Focus on Chicanos since 1850	3
AES V40A	United States History: Focus on African Americans to Reconstruction	3
AES V40B	United States History: Focus on African Americans Since Reconstruction	3
AES V47	United States History: Focus on Chicanos to 1850	3
AES V63	United States History: Focus on Asian Americans	3
HIST V16	United States History: Focus on Foreign Relations	3
HIST V32	United States History: Focus on Women to 1877	3
HIST V43	United States History: Focus on African Americans to Reconstruction	3
HIST V45	United States History: Focus on Native Americans to Reconstruction	3

HIST V46	United States History to 1877	3
HIST V47	United States History: Focus on Chicanos to 1850	3
HIST V50	United States History: Focus on Asian Americans	3
HIST V51	United States History: Focus on African Americans Since Reconstruction	3
HIST V53	United States History: Focus on Women since 1877	3
HIST V54	History of the Americas since 1763	3
HIST V55	United States History: Focus on Native Americans Since the Civil War	3
HIST V56	United States History since 1865	3
HIST V58	United States History: Focus on Chicanos since 1850	3
POLS V01	American Government	3
POLS V03	Introduction to Political Science	3

B2: Social/Behavioral Sciences

Course ID	Title	Units/Hours
AES V01	Native Peoples of North America	3
AES V02A	United States History: Focus on Native Americans to Reconstruction	3
AES V02B	United States History: Focus on Native Americans Since the Civil War	3
AES V03	Chicana Contemporary Issues	3
AES V11	Racial and Ethnic Group Relations	3
AES V20	Introduction to Chicano Studies	3
AES V21A	The Heritage of Mexico to the First Republic	3
AES V21B	The Heritage of Mexico Since Liberation	3
AES V22	United States History: Focus on Chicanos since 1850	3
AES V23	Chicana/o/x and Latina/o/x Studies Issues	3
AES V24	Sociology of the Chicano Community	3
AES V40A	United States History: Focus on African Americans to Reconstruction	3
AES V40B	United States History: Focus on African Americans Since Reconstruction	3
AES V41	African American Experience	3
AES V42A	African History to 1800	3
AES V42B	African History since 1800	3
AES V47	United States History: Focus on Chicanos to 1850	3
AES V63	United States History: Focus on Asian Americans	3
AG V01	Agriculture and Society: Agriculture as the Foundation for Modern Civilization	3
AG V12	Agriculture Economics	3
ANTH V02	Cultural Anthropology	3
ANTH V03	Introduction to Archaeology	3
ANTH V04	Native Peoples of North America	3

ANTH V05	Linguistic Anthropology: Culture and Communication	3	HIST V43	United States History: Focus on African Americans to Reconstruction	3
ANTH V06	Sex, Gender, and Culture	3	HIST V44	History of the Americas to 1821	3
ANTH V07	The Anthropology of Magic, Witchcraft, and Religion	3	HIST V45	United States History: Focus on Native Americans to Reconstruction	3
ANTH V35	Introduction to Forensic Science	3	HIST V46	United States History to 1877	3
ANTH V35L	Introduction to Forensic Science Laboratory	1	HIST V47	United States History: Focus on Chicanos to 1850	3
ANTH V36	Forensic Anthropology	3	HIST V48	The Heritage of Mexico to the First Republic	3
BUS V30	Introduction to Business	3	HIST V50	United States History: Focus on Asian Americans	3
BUS V43	International Business	3	HIST V51	United States History: Focus on African Americans Since Reconstruction	3
CD V02	Child Growth and Development	3	HIST V53	United States History: Focus on Women since 1877	3
CD V03	Human Development	3	HIST V54	History of the Americas since 1763	3
CD V05	Teaching in a Diverse Society	3	HIST V55	United States History: Focus on Native Americans Since the Civil War	3
CD V27	Infant and Toddler Development	3	HIST V56	United States History since 1865	3
CD V61	Child, Family, and Community	3	HIST V57	The Heritage of Mexico Since Liberation	3
CD V62	Principles and Practices in Early Childhood Education	3	HIST V58	United States History: Focus on Chicanos since 1850	3
CHST V01	Introduction to Chicano Studies	3	HIST V59	History of California	3
CHST V02	Chicana/o/x and Latina/o/x Studies Issues	3	HIST V70	Introduction to Western Civilization to the Scientific Revolution	3
CHST V03	Chicana Contemporary Issues	3	HIST V73	African History to 1800	3
CHST V24	Sociology of the Chicano Community	3	HIST V76	World History to 1550	3
CJ V01	Introduction to Criminal Justice	3	HIST V78	History of Modern Middle East	3
CJ V02	Concepts of Criminal Law	3	HIST V79	Introduction to the History of East Asia	3
CJ V03	Community Relations and Diversity	3	HIST V82	Introduction to Western Civilization since the Scientific Revolution	3
CJ V19	Anatomy of Murder	3	HIST V83	African History since 1800	3
CJ V28	Fundamentals of Criminology	3	HIST V86	World History Since 1500	3
CJ V30	Victimology	3	HIST V87	Introduction to the History of Science and Technology	3
CJ V35	Introduction to Forensic Science	3	PHIL V10	World Mythology	3
CJ V35L	Introduction to Forensic Science Laboratory	1	POLS V01	American Government	3
CJ V36	Forensic Anthropology	3	POLS V02	Comparative Government	3
CJ V49	Ethics for the Criminal Justice System Professional	3	POLS V03	Introduction to Political Science	3
COMM V02	Introduction to Communication Studies	3	POLS V04	Introduction to Political Theory	3
COMM V12	Intercultural Communication	3	POLS V05	Introduction to International Relations	3
COMM V15	Interpersonal Communication	3	POLS V09	United States-Mexico Relations	3
COMM V16	Introduction to Mass Communications	3	POLS V11	Government and Politics of Mexico	3
COUN V02	Career Exploration and Life Planning	3	POLS V12	Introduction to Environmental Policy and Natural Resource Management	3
ECON V01A	Principles of Macroeconomics	3	POLS V14	Global Studies	3
ECON V01B	Principles of Microeconomics	3	POLS V17	Introduction to American Law	3
ESRM V03	Introduction to Environmental Policy and Natural Resource Management	3	POLS V18	Introduction to Global Issues	3
GEOG V02	Introduction to Human Geography	3	PSY V01	Introduction to Psychology	3
GEOG V06	Geography of California	3	PSY V02	Personal Growth and Social Awareness	3
GEOG V08	World Regional Geography	3	PSY V05	Introduction to Developmental Psychology	3
HED V20	Introduction to Public Health	3	PSY V07	Introduction to Research Methods in Social and Behavioral Sciences	3
HED V22	Health and Social Justice	3			
HIST V13	African American Experience	3			
HIST V16	United States History: Focus on Foreign Relations	3			
HIST V32	United States History: Focus on Women to 1877	3			

PSY V15	Introduction to Abnormal Psychology	3
PSY V25	Psychology of Human Sexuality	3
PSY V29	Introduction to Personality Psychology	3
PSY V30	Multicultural Psychology	3
PSY V31	Introduction to Social Psychology	3
PSY V32	Psychology of Women	3
SOC V01	Introduction to Sociology	3
SOC V02	Social Problems	3
SOC V03	Racial and Ethnic Group Relations	3
SOC V04	Sociology of Gender Roles	3
SOC V05	Sociology of Relationships: Intimacy, Commitment, and Family Patterns	3
SOC V07	Sociological Analysis	3
SOC V13	Sociology of Deviance, Crime, and Society	3
SOC V24	Sociology of the Chicano Community	3
SOC V31	Introduction to Social Psychology	3
SWHS V01	Introduction to Social Work and Human Services	3
FILM V11	History of International Cinema: World War II to the Present	3
MUS V01	Fundamentals of Music	3
MUS V03	Introduction to World Music	3
MUS V06	History of Rock and Roll	3
MUS V07	History of Jazz	3
MUS V08	Music Appreciation	3
MUS V09A	Western Music History and Literature I: Antiquity to 1750	3
MUS V09B	Western Music History and Literature II: 1750 to the Present	3
PHOT V01	Beginning Photography	3
PHOT V02	Digital Studio	3
PHOT V07	History of Photography	3
THA V01	Introduction to Theatre	3
THA V02A	Acting I	3
THA V05A	Stagecraft I	3
THA V05B	Stagecraft II	3
THA V06A	Makeup I	3
THA V06B	Makeup II	3
THA V17A	Musical Theatre History: Ancient Greece to the Golden Age of Musicals	3
THA V17B	Musical Theatre History: 1960s to Present Day	3
THA V20	Costume Design and History	3
THA V22A	Costume Technology I	3
THA V22B	Costume Technology II	3
THA V28	Introduction to Cinema	3
THA V29A	History of Motion Pictures I	3
THA V29B	History of Motion Pictures II	3
THA V30A	Screenwriting I	3
THA V31A	Acting for Film and Television I	3
THA V31B	Acting for Film and Television II	3

Area C: Humanities

Complete a minimum of **6 semester units** with **one** course from Area C1 - Fine/Performing Arts and **one** course from Area C2 - Humanities

C1: Fine/Performing Arts

Course ID	Title	Units/Hours
ART V01	Art Appreciation	3
ART V02A	Introduction to the History of Western Art I	3
ART V02B	Introduction to the History of Western Art II	3
ART V02D	Art of the Ancient Mediterranean	3
ART V04	Introduction to Renaissance and Baroque Art	3
ART V05	Introduction to American Art	3
ART V06	Introduction to Modern Art	3
ART V07	Introduction to Women in the Arts	3
ART V08	Introduction to Asian Art	3
ART V09A	Art of the Ancient Americas	3
ART V09B	Introduction to Modern and Contemporary Latin American Art	3
ART V11A	Color and Design: Two-Dimensional Design	3
ART V12A	Drawing and Composition I	3
ART V13A	Life Drawing I	3
ART V19	Three-Dimensional Design	3
ART V50A	Handbuilding Ceramics I	3
ART V51A	Beginning Ceramics I	3
ART V58A	Figure Sculpture I	3
DANC V01	Dance Appreciation	3
DANC V02	Western Concert Dance History	3
ENGL V29A	Aesthetics of Film I	3
ENGL V29B	Aesthetics of Film II	3
FILM V01	Introduction to Media Aesthetics and Cinematic Arts	3

C2: Humanities

Course ID	Title	Units/Hours
AES V01	Native Peoples of North America	3
AES V02A	United States History: Focus on Native Americans to Reconstruction	3
AES V02B	United States History: Focus on Native Americans Since the Civil War	3
AES V03	Chicana Contemporary Issues	3
AES V20	Introduction to Chicano Studies	3
AES V22	United States History: Focus on Chicanos since 1850	3
AES V23	Chicana/o/x and Latina/o/x Studies Issues	3
AES V40A	United States History: Focus on African Americans to Reconstruction	3
AES V40B	United States History: Focus on African Americans Since Reconstruction	3
AES V41	African American Experience	3

AES V42A	African History to 1800	3	HIST V58	United States History: Focus on Chicanos since 1850	3
AES V42B	African History since 1800	3	HIST V70	Introduction to Western Civilization to the Scientific Revolution	3
AES V47	United States History: Focus on Chicanos to 1850	3	HIST V73	African History to 1800	3
AES V63	United States History: Focus on Asian Americans	3	HIST V76	World History to 1550	3
AG V01	Agriculture and Society: Agriculture as the Foundation for Modern Civilization	3	HIST V79	Introduction to the History of East Asia	3
ANTH V04	Native Peoples of North America	3	HIST V82	Introduction to Western Civilization since the Scientific Revolution	3
CHST V01	Introduction to Chicano Studies	3	HIST V83	African History since 1800	3
CHST V02	Chicana/o/x and Latina/o/x Studies Issues	3	HIST V86	World History Since 1500	3
CHST V03	Chicana Contemporary Issues	3	HIST V87	Introduction to the History of Science and Technology	3
COMM V05	Oral Interpretation and Communication of Literature	3	ITAL V01	Elementary Italian I	5
ENGL V01B	Critical Thinking and Composition Through Literature	4	ITAL V02	Elementary Italian II	5
ENGL V10	Creative Writing	3	JAPN V01	Elementary Japanese I	5
ENGL V11A	Intermediate Creative Writing I	3	JAPN V02	Elementary Japanese II	5
ENGL V14	Introduction to Creative Nonfiction	3	MUS V03	Introduction to World Music	3
ENGL V15	Introduction to Poetry	3	MUS V06	History of Rock and Roll	3
ENGL V16	Introduction to Fiction	3	MUS V07	History of Jazz	3
ENGL V18	Children's Literature and Film	3	MUS V08	Music Appreciation	3
ENGL V21A	British Literature before 1800	3	MUS V09A	Western Music History and Literature I: Antiquity to 1750	3
ENGL V21B	British Literature since 1800	3	MUS V09B	Western Music History and Literature II: 1750 to the Present	3
ENGL V22A	American Literature: Colonial Period to 1865	3	PHIL V01	Introduction to Philosophy	3
ENGL V22B	American Literature: 1865 to Present	3	PHIL V02	Introduction to Ethics	3
ENGL V23	Introduction to Dramatic Literature	3	PHIL V04	Introduction to Logic	3
ENGL V26	Introduction to Shakespeare and Film	3	PHIL V09	Zen Buddhism	3
ENGL V30	World Literature: Antiquity to 1650	3	PHIL V10	World Mythology	3
ENGL V31	World Literature: 1650 to Present	3	PHIL V12	Introduction to Religion	3
ENGL V33	Introduction to African American Literature	3	PHIL V14	Confucianism and Taoism	3
ENGL V34	Introduction to Chicana/o Literature	3	PHIL V15	Teachings of Jesus in Comparative Perspective	3
ENGL V35	Introduction to Ethnic American Literatures	3	SPAN V01	Elementary Spanish I	5
ENGL V36	Women in Literature	3	SPAN V02	Elementary Spanish II	5
FILM V10	Contemporary American Cinema	3	SPAN V03	Intermediate Spanish I	5
FREN V01	Elementary French I	5	SPAN V03S	Spanish Heritage Language I	5
FREN V02	Elementary French II	5	SPAN V04	Intermediate Spanish II	5
GERM V01	Elementary German I	5	SPAN V04S	Spanish Heritage Language II	5
GERM V02	Elementary German II	5	THA V17A	Musical Theatre History: Ancient Greece to the Golden Age of Musicals	3
HIST V13	African American Experience	3	THA V17B	Musical Theatre History: 1960s to Present Day	3
HIST V43	United States History: Focus on African Americans to Reconstruction	3	THA V30A	Screenwriting I	3
HIST V45	United States History: Focus on Native Americans to Reconstruction	3	THA V31A	Acting for Film and Television I	3
HIST V47	United States History: Focus on Chicanos to 1850	3			
HIST V50	United States History: Focus on Asian Americans	3			
HIST V51	United States History: Focus on African Americans Since Reconstruction	3			
HIST V55	United States History: Focus on Native Americans Since the Civil War	3			

Area D: Language and Rationality

Complete a minimum of **6 semester units** with **one** course from Area D1 - English Composition and **one** course from Area D2 - Communication/Analytical Thinking.

D1: English Composition

Course ID	Title	Units/ Hours
ENGL V01A	English Composition (also meets the competency requirement in Written Expression)	4

Courses in Area D1, if completed with a grade of "C" or better, also meet Competency in written expression as required for Associate degrees.

D2: Communication/Analytical Thinking

Course ID	Title	Units/ Hours
AG V11	Agricultural Sales and Communication	3
BUS V17	Computer Applications	3
COMM V01	Introduction to Speech Communication	3
COMM V03	Group Communication	3
COMM V10	Critical Thinking in Oral Communication: Argumentation and Debate	3
COMM V15	Interpersonal Communication	3
CS V11	Programming Fundamentals	3
CS V13	Object-Oriented Programming	3
CS V15	Data Structures and Algorithms	3
CS V17	Discrete Structures	3
CS V30	Beginning C++	3
CS V40	Beginning Java	3
CS V42	Intermediate Java	3
DRFT V03	Drafting Fundamentals	3
ENGL V01B	Critical Thinking and Composition Through Literature	4
ENGL V01C	Critical Thinking and Writing	3
MATH V03	Intermediate Algebra	5
MATH V04	College Algebra	4
MATH V05	Plane Trigonometry	3
MATH V20	Precalculus Mathematics	5
MATH V21A	Calculus with Analytic Geometry I	5
MATH V21B	Calculus with Analytic Geometry II	5
MATH V21C	Multivariable Calculus	5
MATH V22	Introduction to Linear Algebra	3
MATH V23	Introduction to Differential Equations	3
MATH V35	Intermediate Algebra and Applications for Health Care Personnel	5
MATH V38	Mathematics for Elementary School Teachers	3
MATH V40	Exploration of Mathematical Ideas	3
MATH V44	Elementary Statistics	4
MATH V46	Business Calculus	4
MATH V52	Discrete Structures	3
PHIL V04	Introduction to Logic	3
PHIL V05	Critical Thinking and Analytical Writing	3
PSY V04	Introductory Statistics for the Social and Behavioral Sciences	4

All math courses listed in Area D2, including PSY V04, if completed with a grade of "C" or better or "P", also meet Competency in Mathematics as required for all Associate degrees.

Area E: Health and Kinesiology

Complete a minimum of **two** courses; one course from Area E1 and one course from Area E2.

E1: Health Education

Course ID	Title	Units/ Hours
CD V24	Child Nutrition, Health, and Safety	3
COUN V01	College Success	3
EAC V01	Strategies for Success in College and Life	3
EMS V10 & V10L	Emergency Medical Technician and Emergency Medical Technician Clinical Practicum (Students who select EMS V10 must also complete EMS V10L; they collectively count as one course toward Group E1)	8.5
HED V01	Health and Wellness	3
HED V02	Health and Wellness: Designed for Women	3
HED V03	Fundamentals of Nutrition and Fitness	3
HED V04	Health and Wellness: Designed for Men	3
HED V20	Introduction to Public Health	3
HED V24	Drugs, Health, and Society	3
HED V70	Spiritual Health	3
HED V71	Survey of Alternative and Integrative Medicine	3
HED V73	Introduction to Holistic Health and Healing	3
HED V76	Managing Stress	3
HED V87	Nutrition	3
HS V10	Certified Nurse Assistant	6
KIN V80	First Aid, Safety, AED, and CPR for the Professional	3
KIN V81	Fundamentals of Kinesiology	3
NS V40	Patient-Centered Care III and Transition to Professional Practice (*)	9
NS V41	Patient-Centered Care III and Transition to Professional Practice: 30-UO (*)	9
PM V01	Paramedic Theory (*)	18.5

* Enrollment limitation: applicable to students who are admitted into the Associate Degree in Nursing and Associate Degree in Paramedic programs only.

E2: Kinesiology

Course ID	Title	Units/ Hours
DANC V10A	Modern I	2
DANC V10B	Modern II	2
DANC V10C	Modern III	2

DANC V10D	Modern IV	2	KIN V04	Swimming III	1
DANC V13A	Tap I	2	KIN V06	Swimming IV	1
DANC V13B	Tap II	2	KIN V10	Aerobic and Strength Training	1
DANC V13C	Tap III	2	KIN V12	Bicycle Conditioning: Spinning	1
DANC V13D	Tap IV	2	KIN V13	Advanced Spinning/Interval Training	1
DANC V14	Movement for the Theatre	2	KIN V14	Step Aerobics	1
DANC V15A	Ballet I	2	KIN V16	Aerobic Kickboxing	1
DANC V15B	Ballet II	2	KIN V18	Cardiovascular Fitness: Machine Training	1
DANC V15C	Ballet III	2	KIN V19	Indoor Cross Fitness Training	1
DANC V15D	Ballet IV	2	KIN V20	Walking to Restore Fitness	1
DANC V23	Ballroom Dance	2	KIN V21	Fitness Walking/Jogging	1
DANC V27	Street Dance	2	KIN V22	Running for Fitness	1
DANC V29A	Jazz I	2	KIN V23	Advanced Running/Interval Training	1
DANC V29B	Jazz II	2	KIN V24	Life Fitness	1
DANC V29C	Jazz III	2	KIN V26	Weight Training and Conditioning: Free Weights	1
DANC V29D	Jazz IV	2	KIN V28	Conditioning: Designed for Women	1
DANC V30A	Dance Performance I	3	KIN V33	Body Conditioning Boot Camp	1
DANC V30B	Dance Performance II	3	KIN V40A	Basketball I	1
DANC V30C	Dance Performance III	3	KIN V40B	Basketball II	1
DANC V30D	Dance Performance IV	3	KIN V44A	Tennis I	1
DANC V50A	Composition I	2	KIN V44B	Tennis II	1
DANC V50B	Composition II	2	KIN V46A	Volleyball I	1
DANC V50C	Composition III	2	KIN V46B	Volleyball II	1
DANC V50D	Composition IV	2	KIN V48A	Soccer I	1
ICA V02	Intercollegiate Baseball	4	KIN V48B	Soccer II	1
ICA V03	Intercollegiate Basketball: Men	4	KIN V50A	Aikido I	1
ICA V04	Intercollegiate Basketball: Women	4	KIN V50B	Aikido II	1
ICA V05	Intercollegiate Cross-Country: Men	4	KIN V52	Self-Defense and Assault Prevention	1
ICA V06	Intercollegiate Cross-Country: Women	4	KIN V70A	Yoga I	1
ICA V07	Intercollegiate Football	4	KIN V70B	Yoga II	1
ICA V08	Intercollegiate Golf	4	KIN V72	Stress Reduction Activities	1
ICA V13	Intercollegiate Soccer: Women	4	KIN V74A	Core Balance and Fitness	1
ICA V14	Intercollegiate Softball: Women	4	KIN V74B	Advanced Core Balance and Fitness	1
ICA V15	Intercollegiate Swimming and Diving: Men	4	KIN V76A	Tai Chi I	1
ICA V16	Intercollegiate Swimming and Diving: Women	4	KIN V76B	Tai Chi II	1
ICA V17	Intercollegiate Tennis: Men	4	THA V14	Movement for the Theatre	2
ICA V18	Intercollegiate Tennis: Women	4			
ICA V19	Intercollegiate Track and Field: Men	4			
ICA V20	Intercollegiate Track and Field: Women	4			
ICA V22	Intercollegiate Volleyball: Women	4			
ICA V23	Intercollegiate Water Polo: Men	4			
ICA V24	Intercollegiate Water Polo: Women	4			
ICA V25	Intercollegiate Beach Volleyball: Women	4			
ICA V30A	Off-season Conditioning for Athletes I	0.5			
ICA V30B	Off-season Conditioning for Athletes II	1			
ICA V31A	Pre-season Conditioning for Athletes I	0.5			
ICA V31B	Pre-season Conditioning for Athletes II	1			
ICA V36	Spring Intercollegiate Basketball	3.5			
ICA V69	Spring Intercollegiate Football	1			
KIN V02	Swimming I	1			
KIN V03	Swimming II	1			

Area F: Ethnic/Gender Studies

Complete a minimum of **three** units. Area F applies only to General Studies Majors (Patterns I, II, and III); it is **not** required for other AA/AS degrees.

F: Ethnic/Gender Studies

Course ID	Title	Units/Hours
AES V01	Native Peoples of North America	3
AES V02A	United States History: Focus on Native Americans to Reconstruction	3
AES V02B	United States History: Focus on Native Americans Since the Civil War	3
AES V03	Chicana Contemporary Issues	3

AES V11	Racial and Ethnic Group Relations	3	HIST V51	United States History: Focus on African Americans Since Reconstruction	3
AES V20	Introduction to Chicano Studies	3	HIST V53	United States History: Focus on Women since 1877	3
AES V21A	The Heritage of Mexico to the First Republic	3	HIST V54	History of the Americas since 1763	3
AES V21B	The Heritage of Mexico Since Liberation	3	HIST V55	United States History: Focus on Native Americans Since the Civil War	3
AES V22	United States History: Focus on Chicanos since 1850	3	HIST V57	The Heritage of Mexico Since Liberation	3
AES V23	Chicana/o/x and Latina/o/x Studies Issues	3	HIST V58	United States History: Focus on Chicanos since 1850	3
AES V24	Sociology of the Chicano Community	3	HIST V73	African History to 1800	3
AES V40A	United States History: Focus on African Americans to Reconstruction	3	HIST V78	History of Modern Middle East	3
AES V40B	United States History: Focus on African Americans Since Reconstruction	3	HIST V79	Introduction to the History of East Asia	3
AES V41	African American Experience	3	HIST V83	African History since 1800	3
AES V42A	African History to 1800	3	MUS V03	Introduction to World Music	3
AES V42B	African History since 1800	3	MUS V07	History of Jazz	3
AES V47	United States History: Focus on Chicanos to 1850	3	POLS V11	Government and Politics of Mexico	3
AES V63	United States History: Focus on Asian Americans	3	POLS V14	Global Studies	3
ANTH V02	Cultural Anthropology	3	PSY V30	Multicultural Psychology	3
ANTH V04	Native Peoples of North America	3	PSY V32	Psychology of Women	3
ANTH V06	Sex, Gender, and Culture	3	SOC V03	Racial and Ethnic Group Relations	3
ART V07	Introduction to Women in the Arts	3	SOC V04	Sociology of Gender Roles	3
ART V08	Introduction to Asian Art	3	SOC V24	Sociology of the Chicano Community	3
ART V09A	Art of the Ancient Americas	3			
ART V09B	Introduction to Modern and Contemporary Latin American Art	3			
CD V05	Teaching in a Diverse Society	3			
CHST V01	Introduction to Chicano Studies	3			
CHST V02	Chicana/o/x and Latina/o/x Studies Issues	3			
CHST V03	Chicana Contemporary Issues	3			
CHST V24	Sociology of the Chicano Community	3			
CJ V03	Community Relations and Diversity	3			
COMM V12	Intercultural Communication	3			
ENGL V33	Introduction to African American Literature	3			
ENGL V34	Introduction to Chicana/o Literature	3			
ENGL V35	Introduction to Ethnic American Literatures	3			
ENGL V36	Women in Literature	3			
GEOG V02	Introduction to Human Geography	3			
HIST V13	African American Experience	3			
HIST V32	United States History: Focus on Women to 1877	3			
HIST V43	United States History: Focus on African Americans to Reconstruction	3			
HIST V44	History of the Americas to 1821	3			
HIST V45	United States History: Focus on Native Americans to Reconstruction	3			
HIST V47	United States History: Focus on Chicanos to 1850	3			
HIST V48	The Heritage of Mexico to the First Republic	3			
HIST V50	United States History: Focus on Asian Americans	3			