

# DANCE

As an academic discipline, Dance classes fulfill the Physical Education/ Kinesiology requirement for graduation and the movement requirement for the Kinesiology major. Dance classes provide students the opportunity to discover and study different dance styles that could lead to professions in the arts, media, teaching in K-12 schools or private dance schools and studios. The diverse dance curriculum introduces students to the fundamentals of modern, jazz, hip hop, and folklórico. OC dance classes teach and reinforce movement skills along with intellectual development, self-confidence, discipline, and physical fitness that can provide students with foundational skills for healthful living in all areas of their academic and personal lives.

## Program Student Learning Outcomes

Upon successful completion of this program, students will be able to:

- Demonstrate collaboration and professionalism in academics and production.
- Demonstrate competency in dance technique to support performance.
- Demonstrate the ability to apply the fundamental principles of choreography to their own creative process.
- Demonstrate understanding of the historical and cultural influences of dance.
- Know the special vocabulary and terminology for different dance genres.

### DANC R100 Dance Appreciation 3 Units

*In-Class Hours:* 52.5 lecture

Dance Appreciation is an introduction to dance history that includes the classical era, social, and ethnic dance styles. The course will survey the development of the major dance genres and analyze the elements which have influenced changes in dance historically, culturally, and as an art form. The sociological, cultural, historical contexts of dance within different societies will be studied. The variety of dance documentation in text, film, and video will illustrate the historical events that have influenced the major choreographers of the 20th century.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** C1

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** C1

**IGETC:** 3A

### DANC R102A Modern Dance I 2 Units

*In-Class Hours:* 17.5 lecture, 52.5 laboratory

This course focuses on the development of modern dance techniques with emphasis on combinations of basic skills. Study of the dance phrase integrating elements of rhythm, design, dynamics, and motivation change will also be covered.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R102A, DANC R102B. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

### DANC R102B Modern Dance II 2 Units

*In-Class Hours:* 17.5 lecture, 52.5 laboratory

*Prerequisites:* DANC R102A or equivalent

This course focuses on intermediate to advanced modern dance skills and technique necessary for performing dance compositions and student performances.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R102B, DANC R102A. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

### DANC R104A Modern Jazz I 2 Units

*In-Class Hours:* 17.5 lecture, 52.5 laboratory

This course is an introduction to modern jazz techniques and skills.

Students will develop flexibility, strength, endurance, dance composition and develop an understanding and appreciation of jazz dance as an art form.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R104A, DANC R104B. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**DANC R104B Modern Jazz II 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC R104A or equivalent

This course offers continued study of jazz dance techniques with emphasis on more advanced skills necessary for performing dance compositions and student performance.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R104B, DANC R104A. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**DANC R110A Mexican Folklorico Dance I 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory

This course is designed to develop beginning dance skills for regional dance styles in Mexico. Students with little or no previous dance experience will learn the basic techniques for folklórico dances, principals of body alignment, strength, and coordination as they relate to dance and performance. Emphasis is placed on the historical and cultural factors that have influenced Mexican folk dance.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R110A, DANC R110B. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**DANC R110B Mexican Folklorico Dance II 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory

This course is designed to develop intermediate dance skills for regional dance styles in Mexico. Students with beginning level folklórico skills will learn high-beginning to intermediate level technique for folklórico dances, principals of body alignment, strength, and coordination as they relate to dance and performance.

*Advisories/Rec Prep:* DANC R110A

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Family:** College faculty have identified courses in the following list as a family: DANC R110B, DANC R110A. A student may take a maximum of four (4) courses from this family.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**DANC R112A Introduction to Hip-Hop Dance 1 Unit***In-Class Hours:* 52.5 laboratory

This course is an introduction to fundamental hip-hop techniques, rhythms, and styles. Students will develop strength, flexibility, coordination, and endurance along with proper alignment and posture for hip-hop dance. Course activities will include performance of basic routines and sequences and discussion of the historical and cultural aspects of this dance genre.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**DANC R112B Beginning Hip-Hop Dance 1 Unit***In-Class Hours:* 52.5 laboratory

This course is the second in a series of hip-hop dance courses and builds on the skills introduced in DANC R112A, Hip-Hop Fundamentals. Emphasis is placed on beginning hip-hop steps and movement while refining and expanding technique, rhythms, styles, and performance. Dance combinations will progress in difficulty. Students will develop strength, flexibility, coordination, and endurance along with proper alignment and posture for hip-hop dance. The course will also include historical and cultural aspects of this dance genre.

*Advisories/Rec Prep:* DANC R112A

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

*For more information contact:*

Liberal Studies Division Office (805) 678-5804