

OXNARD COLLEGE GENERAL EDUCATION REQUIREMENTS

Applies to Associate Degrees in General Studies Pattern I & All Associate Degrees in Specific Majors

All Students pursuing the Associate Degree (AA) in General Studies Pattern I, must complete this General Education plan in its entirety (areas A-F) as part of their degree requirements. Students completing an Associate Degree in a Specific Major (<http://catalog.vcccd.edu/oxnard/graduation-requirements/associate-degrees-specific-majors/>) (AA/AS) (for example: Addictive Disorders Studies or Paralegal Studies) must complete areas A-E below (but not F) of this General Education plan. Area F is only required for General Studies majors. A minimum of 60 degree-applicable units is required for the Associate Degree. This pattern does **not** apply for Associate Degrees for Transfer, UC Transfer Pathways Degrees, or Associate Degrees in General Studies Patterns II and III.

OC GE 2024-2025

A. Natural Sciences

Complete a minimum of **6 semester units** with **one** course from Area A1 - Biological Science & **one** course from Area A2 - Physical Science

A1. Biological Science:

Course ID	Title	Units/ Hours
ANAT R101	General Human Anatomy	4
ANTH R101	Introduction to Biological Anthropology	3
or ANTH R101H	Honors: Introduction to Biological Anthropology	
ANTH R101L	Introduction to Biological Anthropology Lab	1
ANTH R118	Introduction to Forensic Science	3
BIOL R100	Marine Biology	3
BIOL R100L	Marine Biology Laboratory	1
BIOL R101	General Biology	3
or BIOL R101H	Honors: General Biology	
BIOL R101L	General Biology Laboratory	1
BIOL R120	Principles of Biology I	4
BIOL R120L	Principles of Biology I Lab: Intro to Cellular and Molecular Biology	1
BIOL R122	Principles of Biology II	4
BIOL R122L	Principles of Biology II Laboratory	1
BIOL R155	Principles of Botany	3
BIOL R155L	Principles of Botany Laboratory	1
ESRM R100	Introduction to Environmental Science	3
ESRM R100L	Introduction to Environmental Science Laboratory	1
MICR R100	Principles of Microbiology	3
MICR R100L	Principles of Microbiology Laboratory	2
MST R100	Marine Biology	3
MST R100L	Marine Biology Laboratory	1

PHSO R101	Human Physiology	5
PSY R105	Introduction to Physiological Psychology	3

A2. Physical Science:

Course ID	Title	Units/ Hours
AST R101	Introduction to Astronomy	3
AST R101L	Astronomy Laboratory	1
CHEM R104	General, Organic, and Biological Chemistry	5
CHEM R110	Elementary Chemistry	5
CHEM R112	Elementary Organic and Biological Chemistry	5
CHEM R120	General Chemistry I	5
CHEM R122	General Chemistry II	5
CHEM R130	Organic Chemistry I	5
CHEM R132	Organic Chemistry II	5
GEOG R101	Elements of Physical Geography	3
GEOG R101L	Physical Geography Laboratory	1
GEOG R103	Introduction to Weather and Climate	3
GEOL R101	Physical Geology	3
GEOL R101L	Physical Geology Laboratory	1
GEOL R103	Introduction to Oceanography	3
GEOL R103L	Introduction to Oceanography Laboratory	1
GEOL R114	Historical Geology	3
GEOL R114L	Historical Geology Laboratory	1
GEOL R121	Earth Science with Laboratory	4
GEOL R130	Environmental Geology	3
MST R103	Introduction to Oceanography	3
MST R103L	Introduction to Oceanography Laboratory	1
PHSC R170	Concepts in Physical Science	4
PHYS R101	College Physics 1	4
PHYS R101L	College Physics 1 Laboratory	1
PHYS R102	College Physics 2	4
PHYS R102L	College Physics 2 Laboratory	1
PHYS R121	Physics with Calculus 1	5
PHYS R122	Physics with Calculus 2	5
PHYS R131	Physics for Scientists and Engineers 1	5
PHYS R132	Physics for Scientists and Engineers 2	5
PHYS R133	Physics for Scientists and Engineers 3	5

B. Social & Behavioral Sciences

Complete a minimum of **6 semester units** with **one** course from Area B1 - American History/Institutions and **one** course from Area B2 - Social & Behavioral Sciences

B1. American History/Institutions:

Course ID	Title	Units/ Hours
CHST R107	History of Mexicans in the United States	3
HIST R107	History of Mexicans in the United States	3
HIST R108	African-American History	3
HIST R117	History of American Women	3
HIST R130	History of the United States I	3

or HIST R130H	Honors: History of the United States I	
HIST R140	History of the United States II	3
or HIST R140H	Honors: History of the United States II	
POLS R100	Introduction to Politics	3
POLS R101	Government of the United States I: Institutions and Politics	3
POLS R102	Introduction to Law and Society	3

B2. Social & Behavioral Sciences:

Course ID	Title	Units/ Hours
ADS R131	Abnormal Psychology	3
ANTH R102	Introduction to Cultural Anthropology	3
or ANTH R102H	Honors: Introduction to Cultural Anthropology	
ANTH R103	Introduction to Archaeology	3
ANTH R105	Sex, Gender and Culture	3
ANTH R106	Psychological Anthropology	3
ANTH R107	The Anthropology of Native Americans	3
ANTH R110	People of the World: The Cultures of Globalization and Change	3
ANTH R111	Magic, Witchcraft and Religion: Anthropology of Belief	3
or ANTH R111H	Honors: Magic, Witchcraft and Religion: Anthropology of Belief	
ANTH R113	Ancient Civilizations of the Americas	3
ANTH R114	African American Culture and Experience	3
ANTH R115	Introduction to Language and Culture	3
ANTH R116	Science, Technology, and Human Values	3
ANTH R118	Introduction to Forensic Science	3
ANTH R119	Introduction to Border Studies	3
ASL R110	Introduction to Deaf Studies	3
BRS R101	Introduction to Border Studies	3
CHST R101	Introduction to Chicana/o Studies	3
CHST R102	Chicana/o Cultural Identity	3
CHST R107	History of Mexicans in the United States	3
CHST R108	Sociology of the Chicano Community	3
ECE R102	Child Growth and Development	3
ECE R106	Child, Family and Community	3
ECE R108	The Exceptional Child	3
ECON R100	Introduction to Economics and Contemporary Economics Issues	3
ECON R201	Introduction to the Principles of Microeconomics	3
or ECON R201H	Honors: Introduction to the Principles of Microeconomics	
ECON R202	Introduction to the Principles of Macroeconomics	3
or ECON R202H	Honors: Introduction to the Principles of Macroeconomics	
EDU R122	Introduction to Education	3
ETHS R107	The Anthropology of Native Americans	3
ETHS R110	Introduction to Social Justice Studies	3
ETHS R114	African American Culture and Experience	3
ETHS R119	Introduction to Border Studies	3

FTVE R100	Introduction to Electronic Media	3
GEOG R102	World Regional Geography	3
GEOG R104	Geography of California	3
GEOG R105	Introduction to Human Geography	3
GLST R101	Introduction to Global Studies	3
GLST R102	Global Issues and Problems	3
HIST R104	History of California	3
HIST R107	History of Mexicans in the United States	3
HIST R108	African-American History	3
HIST R109	History of Mexico	3
HIST R110	History of the Middle East	3
HIST R117	History of American Women	3
HIST R124	Sports in American History	3
HIST R125	U.S. Foreign Policy and Covert Action	3
or HIST R125H	Honors: U.S. Foreign Policy and Covert Action	
HIST R126	History of Latin America	3
HIST R130	History of the United States I	3
or HIST R130H	Honors: History of the United States I	
HIST R140	History of the United States II	3
or HIST R140H	Honors: History of the United States II	
HIST R150	World History I	3
or HIST R150H	Honors: World History I	
HIST R160	World History II	3
or HIST R160H	Honors: World History II	
IDS R102	Science, Technology, and Human Values	3
PHIL R114	Social Philosophy	3
POLS R100	Introduction to Politics	3
POLS R101	Government of the United States I: Institutions and Politics	3
POLS R102	Introduction to Law and Society	3
POLS R104	Introduction to International Relations	3
POLS R108	Comparative Politics	3
POLS R120	Political Theory	3
POLS R125	U.S. Foreign Policy and Covert Action	3
or POLS R125H	Honors: U.S. Foreign Policy and Covert Action	
PSY R101	General Psychology	3
or PSY R101H	Honors: General Psychology	
PSY R102	Interpersonal Relations	3
PSY R104	Research Methods in Psychology	3
PSY R108	Developmental Psychology	3
PSY R110	Human Sexuality	3
PSY R111	The Exceptional Child	3
PSY R122	Psychology of Gender	3
PSY R131	Abnormal Psychology	3
SJS R110	Introduction to Social Justice Studies	3
SJS R120	Introduction to Women's Studies	3
SJS R130	Introduction to LGBTQ Studies	3
SOC R101	Introduction to Sociology	3
or SOC R101H	Honors: Introduction to Sociology	
SOC R102	Social Problems	3
SOC R103	Race and Ethnic Relations	3
SOC R106	Contemporary Family in American Society	3

SOC R108	Sociology of the Chicano Community	3
SOC R111	Introduction to Social Research	3
SOC R114	Social Philosophy	3
SOC R116	Crime and Society	3
SOC R119	Introduction to Social Work and Human Services	3
SOC R140	Sociology of Gender	3
URBS R101	Introduction to Urban Studies	3

C. Humanities

Complete a minimum of **6 semester units** with **one** course from Area C1 - Fine/Performing Arts and **one** course from Area C2 - Humanities

C1. Fine/Performing Arts:

Course ID	Title	Units/ Hours
ART R101	Introduction to Art and Visual Culture	3
ART R102	Western Art I: Prehistory through the Middle Ages	3
or ART R102H	Honors: Western Art I: Prehistory through the Middle Ages	
ART R103	Western Art II: Renaissance to Contemporary	3
or ART R103H	Honors: Western Art II: Renaissance to Contemporary	
ART R104A	Color and Design: 2-D Foundations	3
ART R106A	Drawing and Composition I	3
ART R140	Multicultural Children's Art	3
ART R171	Modern Art	3
ART R172	Art of the Ancient Americas	3
or ART R172H	Honors: Art of the Ancient Americas	
ART R174	Latin American Art	3
or ART R174H	Honors: Latin American Art	
DANC R100	Dance Appreciation	3
FTVE R107	History of Film	3
FTVE R130	Beginning Single Camera Production	3
FTVE R135	Beginning TV Studio Production	3
FTVE R155	Advanced Studio Production	3
MUS R101	Fundamentals of Music	3
MUS R103	Music Appreciation	3
MUS R109	Music of Latin America	3
MUS R116	History of Rock Music	3
MUS R130	Understanding Music and Dance for Elementary Education	3
THTR R111	Introduction to Theatre	3
THTR R151	Acting I	3

C2. Humanities:

Course ID	Title	Units/ Hours
ART R174	Latin American Art	3
or ART R174H	Honors: Latin American Art	
ASL R101	American Sign Language 1	4
ASL R102	American Sign Language 2	4

ASL R103	American Sign Language 3	4
ASL R104	American Sign Language 4	4
ENGL R102	Critical Thinking through Composition and Literature	4
or ENGL R102H	Honors: Critical Thinking through Composition and Literature	
ENGL R103	Creative Writing	3
ENGL R104	English Literature I	3
ENGL R105	English Literature II	3
ENGL R107	American Literature I	3
ENGL R108	American Literature II	3
ENGL R111	Shakespeare	3
ENGL R112	Literature by Women	3
ENGL R124	Introduction to LGBTIQ Literature	3
ENGL R125	Children's Literature	3
ENGL R126	Introduction to Chicana/o Literature	3
ENGL R129	Introduction to Latinx Literature	3
ENGL R134	African-American Literature	3
ESL R100	College Writing Preparation for Non-Native Speakers	4
ETHS R134	African-American Literature	3
FILI R101	Elementary Filipino 1	4
FILI R102	Elementary Filipino 2	4
FTVE R100	Introduction to Electronic Media	3
FTVE R110	Introduction to Media Writing	3
HIST R109	History of Mexico	3
HIST R117	History of American Women	3
HIST R126	History of Latin America	3
HIST R150	World History I	3
or HIST R150H	Honors: World History I	
HIST R160	World History II	3
or HIST R160H	Honors: World History II	
PHIL R101	Introduction to Philosophy	3
or PHIL R101H	Honors: Introduction to Philosophy	
PHIL R102	Introduction to Ethics	3
or PHIL R102H	Honors: Introduction to Ethics	
PHIL R103	Survey of World Religions: East	3
PHIL R104	Survey of World Religions: West	3
PHIL R105	History of Ancient and Medieval Philosophy	3
PHIL R106	History of Modern Philosophy	3
PHIL R108	World Mythology	3
PHIL R110	Philosophy of Religion	3
PHIL R114	Social Philosophy	3
PHIL R115	Comparative World Religions	3
or PHIL R115H	Honors: Comparative World Religions	
PHIL R116	Contemporary Moral Issues	3
SOC R114	Social Philosophy	3
SPAN R100	Elementary Spanish I	4
SPAN R110	Elementary Spanish II	4
SPAN R200	Intermediate Spanish I	4
SPAN R210	Intermediate Spanish II	4
SPAN R220	Spanish for Heritage Speakers I	4
or SPAN R220H	Honors: Spanish for Heritage Speakers I	

SPAN R232	Latin American Literature	3
or SPAN R232H	Honors: Latin American Literature	
SPAN R234	Latin American and Spanish Film	3
SPAN R236	Cultures of Latin America	3
or SPAN R236H	Honors: Cultures of Latin America	

D. Language & Rationality

Complete a minimum of **6 semester units** with **one** course from Area D1 - English Composition and **one** course from Area D2 - Communication/Analytical Thinking.

D1. English Composition:

Course ID	Title	Units/Hours
ENGL R101	College Composition	4
or ENGL R101H	Honors: College Composition	
Courses in Area D1, if completed with a grade of "C" or better, also meet Competency in written expression as required for Associate degrees.		

D2. Communication/Analytical Thinking:

Course ID	Title	Units/Hours
COMM R100	ESL Academic Oral Communication	3
COMM R101	Introduction to Oral Communication	3
COMM R107	Argumentation and Debate	3
COMM R110	Small Group Communication	3
COMM R111	Interpersonal Communication	3
COMM R113	Intercultural Communication	3
ENGL R102	Critical Thinking through Composition and Literature	4
or ENGL R102H	Honors: Critical Thinking through Composition and Literature	
ENGL R128	Composition and Critical Thinking through Non-Fiction	3
MATH R101	Mathematics for the Liberal Arts Major	3
MATH R102	Mathematics for Elementary School Teachers	4
MATH R105	Introductory Statistics	4
MATH R105H	Honors: Introductory Statistics	4
MATH R106	Business Calculus	4
MATH R115	College Algebra	4
MATH R116	College Trigonometry	3
MATH R117	Precalculus and Trigonometry	6
MATH R120	Calculus with Analytic Geometry I	5
MATH R121	Calculus with Analytic Geometry II	5
MATH R122	Calculus with Analytic Geometry III	5
MATH R134	Linear Algebra	3
MATH R143	Differential Equations	3
PHIL R100	Critical Thinking	3
PHIL R107	Introduction to Logic	3
PHIL R111	Critical Thinking and Analytic Writing	3
PHIL R112	Symbolic Logic	3
PSY R103	Beginning Statistics for Behavioral Science	3

PSY R104	Research Methods in Psychology	3
SOC R125	Statistics for the Behavioral and Social Sciences	3

All math courses listed in Area D2, including PSY R103 and SOC R125, if completed with a grade of "C" or better or "P", also meet Competency in Mathematics as required for all Associate degrees.

E. Health and Kinesiology

Complete a minimum of **two** courses; one course from Area E1 and one course from Area E2.

E1. Health Education:

One course/no unit minimum

Course ID	Title	Units/Hours
HED R101	Health and Society	3
HED R102	Fitness/Nutrition/Mental Wellness	3
HED R103	Women's Health	3
HED R104	Personal Health and Wellness	3
HED R105	CPR, AED, First Aid, and Personal Safety	3
HED R113	Introduction to Public Health	3
HED R114	Introduction to Nutrition Science	3
HED R115	Social Determinants of Health, Disparities and Equities	3
HED R116	Stress Management and Health	3
EMT R109	Emergency Medical Responder	3
EMT R169	Emergency Medical Technician	8.5
FT R090	USLA Lifeguard Academy I	3
KIN R100	Introduction to Kinesiology	3

E2. Kinesiology:

One course/no unit minimum

Course ID	Title	Units/Hours
DANC R102A	Modern Dance I	2
DANC R102B	Modern Dance II	2
DANC R104A	Modern Jazz I	2
DANC R104B	Modern Jazz II	2
DANC R110A	Mexican Folklorico Dance I	2
DANC R110B	Mexican Folklorico Dance II	2
DANC R112A	Introduction to Hip-Hop Dance	1
DANC R112B	Beginning Hip-Hop Dance	1
FT R173	Fire Service Physical Fitness	2.5
ICA R110	Intercollegiate Cross-Country-Men	3
ICA R120	Intercollegiate Soccer-Men	3
ICA R122	Conditioning for Men's Soccer	0.5-2
ICA R130A	Intercollegiate Basketball-Men/Fall	3
ICA R130B	Intercollegiate Basketball-Men/Spring	2
ICA R132	Conditioning for Men's Basketball	0.5-2
ICA R140	Intercollegiate Baseball-Men	3
ICA R142	Conditioning for Men's Baseball	0.5-2
ICA R160	Intercollegiate Cross Country-Women	3

ICA R162	Conditioning for Cross Country	0.5-2	BRS R101	Introduction to Border Studies	3
ICA R165	Conditioning for Athletes	0.5-2	CHST R101	Introduction to Chicana/o Studies	3
ICA R170	Intercollegiate Soccer-Women	3	CHST R102	Chicana/o Cultural Identity	3
ICA R172	Conditioning for Women's Soccer	0.5-2	CHST R107	History of Mexicans in the United States	3
ICA R180	Intercollegiate Softball-Women	3	CHST R108	Sociology of the Chicano Community	3
ICA R182	Conditioning for Women's Softball	0.5-2	ECE R107	Teaching in a Diverse Society	3
ICA R190A	Intercollegiate Basketball-Women/Fall	3	ENGL R112	Literature by Women	3
ICA R190B	Intercollegiate Basketball-Women/Spring	2	ENGL R124	Introduction to LGBTIQ Literature	3
ICA R192	Conditioning for Women's Basketball	0.5-2	ENGL R126	Introduction to Chicana/o Literature	3
KIN R120A	Kickboxing for Fitness I	1	ENGL R129	Introduction to Latinx Literature	3
KIN R120B	Kickboxing for Fitness II	1	ENGL R134	African-American Literature	3
KIN R121A	Boxing for Fitness I	1	ETHS R107	The Anthropology of Native Americans	3
KIN R121B	Boxing for Fitness II	1	ETHS R110	Introduction to Social Justice Studies	3
KIN R122	Self-Defense	2	ETHS R114	African American Culture and Experience	3
KIN R123A	Escrima/Filipino Martial Arts I	1	ETHS R119	Introduction to Border Studies	3
KIN R123B	Escrima/Filipino Martial Arts II	1	ETHS R134	African-American Literature	3
KIN R124	Jujitsu	1	GEOG R102	World Regional Geography	3
KIN R140	Walking for Fitness	1	GLST R101	Introduction to Global Studies	3
KIN R141	Running for Fitness	1	HED R103	Women's Health	3
KIN R142A	Yoga I	1	HIST R107	History of Mexicans in the United States	3
KIN R142B	Yoga II	1	HIST R108	African-American History	3
KIN R143	Pilates Mat	1	HIST R109	History of Mexico	3
KIN R144	Core Stability and Stretch	1	HIST R117	History of American Women	3
KIN R145A	Body Conditioning Boot Camp I	1	HIST R124	Sports in American History	3
KIN R145B	Body Conditioning Boot Camp II	1	PSY R110	Human Sexuality	3
KIN R146A	Weight Training and Conditioning I	1	PSY R122	Psychology of Gender	3
KIN R146B	Weight Training and Conditioning II	1	SJS R110	Introduction to Social Justice Studies	3
KIN R147A	Women's Conditioning I	2	SJS R120	Introduction to Women's Studies	3
KIN R147B	Women's Conditioning II	2	SJS R130	Introduction to LGBTQ Studies	3
KIN R148	Power Lifting and Free Weights	1	SOC R103	Race and Ethnic Relations	3
KIN R162A	Soccer I	1	SOC R108	Sociology of the Chicano Community	3
KIN R162B	Soccer II	1	SOC R140	Sociology of Gender	3
KIN R163A	Basketball I	1	SPAN R232	Latin American Literature	3
KIN R163B	Basketball II	1	or SPAN R232H	Honors: Latin American Literature	
KIN R164A	Baseball I	1			
KIN R164B	Baseball II	1			
KIN R165A	Volleyball I	1			
KIN R165B	Volleyball II	1			

F. Ethnic/Gender Studies

Complete a minimum of **three** units. Area F applies only to General Studies Majors (Patterns I, II, and III); it is **not** required for other AA/AS degrees.

Ethnic/Gender Studies:

Course ID	Title	Units/ Hours
ANTH R102	Introduction to Cultural Anthropology	3
or ANTH R102H	Honors: Introduction to Cultural Anthropology	
ANTH R105	Sex, Gender and Culture	3
ANTH R107	The Anthropology of Native Americans	3
ANTH R114	African American Culture and Experience	3
ANTH R119	Introduction to Border Studies	3