

INTERCOLLEGIATE ATHLETICS

NOTE: UC Credit Limitations on Activity and Theory Courses

The University of California (UC) has a limitation on transfer credits of Dance, Intercollegiate Athletic (ICA), Kinesiology and Physical Education (PE) activity courses. The UC will give a maximum of 4-semester units for a combination of any or all of these DANC/ICA/KIN/PE. In addition, the UC will accept up to 8 units of PE/KIN Theory based courses. Students planning to the more than 4 units of these courses should consult a counselor. The California State University (CSU) system does not have such limitations.

ICA M01A Intercollegiate Baseball - Men 4 Units

Formerly: KIN M100A; PE M66

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in baseball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M01B Intercollegiate Baseball-Men/Off Season 1 Unit

Formerly: KIN 100B; PE M23D

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in baseball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: May be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M02A Intercollegiate Basketball-Men/Fall 4 Units

Formerly: KIN M101A; PE M67

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M02B Intercollegiate Basketball-Men/Spring 2.5 Units

Formerly: PE M67; KIN M101B

In-Class Hours: 43.75 lecture, 87.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: May be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M03A Intercollegiate Cross Country - Men 4 Units

Formerly: KIN M102A; PE M69

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in cross country. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M03B Intercollegiate Cross Country - Men/Off Season 1 Unit

Formerly: KIN M102B; PE M03B

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in cross country. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M04A Intercollegiate Football - Men 4 Units

Formerly: KIN M103A; PE M71

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Football. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M04B Intercollegiate Football-Men/Off Season 1 Unit

Formerly: KIN M103B; PE M25D

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Football. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M07A Intercollegiate Soccer - Men 4 Units

Formerly: KIN M105A; PE M64A

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops participants skills and playing intensity in Soccer to the highest level. Involves competition against other institutions, and travel.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M07B Intercollegiate Soccer-Men/Off Season 1 Unit

Formerly: KIN M105B; PE M27D; PE M65B

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M10A Intercollegiate Track and Field - Men 4 Units

Formerly: KIN M107A; PE M76

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in track and field. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M10B Intercollegiate Track and Field - Men/Off Season 1 Unit

Formerly: KIN M107B; PE M29D

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M11A Intercollegiate Volleyball - Men 4 Units*Formerly:* KIN M108A; PE M63A*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M11B Intercollegiate Volleyball-Men/Off Season 1 Unit*Formerly:* KIN M108B; PE M63B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M20A Intercollegiate Basketball-Women/Fall 4 Units*Formerly:* KIN M130A; PE M68*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M20B Intercollegiate Basketball-Women/Spring 2.5 Units*Formerly:* KIN M130B; PE M24C*In-Class Hours:* 43.75 lecture, 87.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M21A Intercollegiate Cross Country-Women 4 Units

Formerly: KIN M131A; PE M70

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Cross Country. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M21B Intercollegiate Cross Country-Women/Off Season 1 Unit

Formerly: KIN M131B; PE M03B

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Cross Country. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M24A Intercollegiate Soccer - Women 4 Units

Formerly: KIN M133A; PE M65A

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M24B Intercollegiate Soccer - Women/Off Season 1 Unit

Formerly: KIN M133B; PE M65B

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M25A Intercollegiate Softball-Women 4 Units*Formerly:* KIN M134A; PE M73*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Softball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M25B Intercollegiate Softball-Women/Off Season 1 Unit*Formerly:* KIN M134A; PE M28C*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Softball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: May be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M28A Intercollegiate Track and Field - Women 4 Units*Formerly:* KIN M136A; PE M77*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M28B Intercollegiate Track and Field-Women/Off Season 1 Unit*Formerly:* KIN M136B; PE M29D*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M29A Intercollegiate Volleyball - Women 4 Units

Formerly: KIN M137A; PE M78

In-Class Hours: 17.5 lecture, 157.5 laboratory

Develops participants skills and playing intensity in volleyball to the highest level.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M29B Intercollegiate Volleyball-Women/Off Season 1 Unit

Formerly: KIN M137B; PE M30D

In-Class Hours: 52.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M35A Conditioning and Training for Athletic Competition 1 Unit

Formerly: KIN M35; ICA M35

In-Class Hours: 52.5 laboratory

Develops skills and conditioning for prospective athletes who are entering intercollegiate competition.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M35B In-Season Conditioning for Athletic Competition 1 Unit

In-Class Hours: 52.5 laboratory

Develops strength and conditioning for in season athletes who are participating in intercollegiate competition. Includes powerlifting and sports nutrition.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.

Enrollment Limitations: Students must be capable of competing at the intercollegiate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

ICA M36 Intercollegiate Women's Golf 4 Units*Formerly:* PE M62*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in golf. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.*Enrollment Limitations:* Students must be capable of competing at the intercollegiate level.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Field Trips:** Will be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses**CSU GE-Breadth:** E**IGETC:** None**ICA M38A Intercollegiate Wrestling 4 Units***Formerly:* PE M38*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in wrestling. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.*Enrollment Limitations:* Students must be capable of competing at the intercollegiate level.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Field Trips:** Will be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses**CSU GE-Breadth:** E**IGETC:** None**ICA M38B Intercollegiate Wrestling/Off Season 1 Unit***In-Class Hours:* 17.5 lecture, 35.0 laboratory

Develops athletic skills and techniques in wrestling. Emphasizes team development and competitive improvement and intensity.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.*Enrollment Limitations:* Students must be capable of competing at the intercollegiate level.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses**CSU GE-Breadth:** E**IGETC:** None**ICA M40 Intercollegiate Beach Volleyball-Women 4 Units***In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops participants' skills and playing intensity in Beach Volleyball to the highest level.

Catalog Notes: Involves competition against other institutions and travel; Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility, may be taken a maximum of four (4) times for credit.*Enrollment Limitations:* Students must be capable of competing at the intercollegiate level.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Field Trips:** Will be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses**CSU GE-Breadth:** E**IGETC:** None